

PERSONAL TRAINING

<b>Program</b>	<b>Commitment</b>	<b>Visits per week</b>	<b>Monthly investment</b>
<b>Totally Committed</b>	<b>12 months</b>	<b>4x/week</b>	<b>\$551</b>
		<b>3x/week</b>	<b>\$413</b>
		<b>2x/week</b>	<b>\$276</b>
		<b>1x/week</b>	<b>\$138</b>
<b>The Committed</b>	<b>6 months</b>	<b>4x/week</b>	<b>\$607</b>
		<b>3x/week</b>	<b>\$455</b>
		<b>2x/week</b>	<b>\$304</b>
		<b>1x/week</b>	<b>\$152</b>
<b>The Transformation</b>	<b>3 months</b>	<b>4x/week</b>	<b>\$634</b>
		<b>3x/week</b>	<b>\$475</b>
		<b>2x/week</b>	<b>\$318</b>
		<b>1x/week</b>	<b>\$159</b>

GROUP TRAINING 2-4 PEOPLE

<b>Program</b>	<b>Commitment</b>	<b>Visits per week</b>	<b>Monthly investment</b>
<b>Totally Committed</b>	<b>12 months</b>	<b>4x/week</b>	<b>\$241</b>
		<b>3x/week</b>	<b>\$181</b>
		<b>2x/week</b>	<b>\$121</b>
		<b>1x/week</b>	<b>\$61</b>
<b>The Committed</b>	<b>6 months</b>	<b>4x/week</b>	<b>\$266</b>
		<b>3x/week</b>	<b>\$200</b>
		<b>2x/week</b>	<b>\$134</b>
		<b>1x/week</b>	<b>\$68</b>
<b>The Transformation</b>	<b>3 months</b>	<b>4x/week</b>	<b>\$290</b>
		<b>3x/week</b>	<b>\$218</b>
		<b>2x/week</b>	<b>\$146</b>
		<b>1x/week</b>	<b>\$74</b>